

**THE WAY OF THE CROSS**  
*for the Holy Souls in Purgatory*

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“It is a holy and wholesome thought to pray for the dead, that they may be loosed from sins.” - 2 Mach. 12:46

The Way of the Cross represents the sorrowful journey that Jesus Christ made with the cross to die on Calvary. The church teaches that the Souls in Purgatory undergo a process of purification that must include suffering. By praying and making sacrifices for the Holy Souls, you have the marvelous power and privilege to relieve their pain. In return, their gratitude will bring you countless blessings. May a stream of mercy flow from you to the Holy Souls in Purgatory.

**AN ACT OF CONTRITION**

My Jesus! I love you above all things. I hate and detest all my sins, because by them I have offended you. The holy indulgences, the fruits and merits of this devotion I intend to gain for the souls in Purgatory, in particular for those who in life were near and dear to me, and also for those for whom I am, in a special way, obliged to pray.

O Mary, my merciful Mother and the Mother of the poor souls in Purgatory accompany me, by your intercession, on this journey.

*Before every station:*

V. We adore you, O Christ, and we bless you.

R. Because by your holy cross, you have redeemed the world.

**THE FIRST STATION**  
***Jesus is Condemned to Death***

O my innocent Jesus, to free me from eternal death, you allowed yourself to be condemned by a pagan judge to the death of the cross. Give me a hatred for sin and the grace to live that I may one day obtain from you a merciful sentence. The poor souls in Purgatory have already been judged. Through your mercy they have escaped hell, yet on account of their sins your justice has condemned them to the fire of Purgatory. O most merciful Jesus have pity on them. Revoke the sentence of their exile and open to them the gates of heaven.

Our Father. Hail Mary. Eternal rest grant unto them, O Lord – and let perpetual light shine upon them.

**THE SECOND STATION**

***Jesus is Made to Bear His Cross***

O holy cross, you are the tree of life, the gate of heaven, our salvation and our only hope. Be my salvation at the hour of death. O Jesus, be mindful of your servants who have departed this life with this sign of faith. Free them by the victorious power of your cross, with which you have conquered death. Lead them into eternal life and happiness.

Our Father. Hail Mary. Eternal rest grant unto them, O Lord – and let perpetual light shine upon them.

**THE THIRD STATION**

***Jesus Falls for the First Time Under His Cross***

Through your weakness under the cross and the merits of this first fall, grant me perseverance in my good resolutions that I may always walk faithfully in your holy ways. The souls in Purgatory now suffer because they neglected and abused your graces in this life. They now realize that no sin-stained soul can see God. Have mercy, therefore, on them and cleanse them from all sin. Through the intercession of your sorrowful Mother, deliver them from Purgatory.

Our Father. Hail Mary. Eternal rest grant unto them, O Lord – and let perpetual light shine upon them.

**THE FORTH STATION**

***Jesus Meets His Afflicted Mother***

O Heart of Mary! O heart of Jesus! I offer my life for my sins. May the sweet names of Jesus and Mary be on my lips and in my heart at the hour of my death. "O sweetest heart of Jesus, we implore that we may love you more and more." Sweet Heart of Mary, be our salvation." Mother most sorrowful, merciful queen of the Holy Souls, into your hands I place my few merits and implore you to unite them with the infinite merits of your Son. Offer them to the eternal Godhead for those souls who are bound to me by ties of relationship.

Our Father. Hail Mary. Eternal rest grant unto them, O Lord – and let perpetual light shine upon them.

**THE FIFTH STATION**

***The Cyrenian Helps Jesus to Carry His Cross***

O my Jesus, I accept the cross, I embrace it. Let me help you to carry your cross, by being patient in all trials that may assail me. How many

souls in Purgatory now regret their past impatience! But you, O Lord, be generous with them and remit that which still remains to be expiated.

Our Father. Hail Mary. Eternal rest grant unto them, O Lord –  
and let perpetual light shine upon them.

#### THE SIXTH STATION

##### *Veronica Wipes the Face of Jesus*

Lord, Jesus Christ, you who have left on Veronica's veil the impress of your blood— stained countenance, grant that the memory of your bitter passion and death may ever remain impressed on my soul. Have pity on the poor souls, made to your image and likeness and redeemed by your Most Precious Blood. Free them from all sin that they may enter heaven, to see you face to face forever and ever.

Our Father. Hail Mary. Eternal rest grant unto them, O Lord –  
and let perpetual light shine upon them.

#### THE SEVENTH STATION

##### *Jesus Falls the Second Time*

My sins have made your cross heavy, O Jesus. I detest them and firmly resolve to amend my life.

Never permit me to separate myself from you again. Have mercy, O Jesus, on those souls who now suffer the pains of Purgatory for mortal sins committed in this life. O clement Heart of Jesus, have compassion on them.

Our Father. Hail Mary. Eternal rest grant unto them, O Lord –  
and let perpetual light shine upon them.

#### THE EIGHTH STATION

##### *Jesus Comforts the Women of Jerusalem*

Most compassionate heart of Jesus! My Jesus, who said to the holy women: "Weep not over me, but weep for yourselves and for your children," make me weep for the ingratitude, which I have returned for your love. I wish to make amends in this life for my sins, that I may obtain pardon of them in the next. Grant me a tender love for the souls in Purgatory, especially for the souls of my relatives. In the future I promise to do what I have neglected through my forgetfulness and hardness of heart.

Our Father. Hail Mary. Eternal rest grant unto them, O Lord –  
and let perpetual light shine upon them.

#### THE NINTH STATION

##### *Jesus Falls the Third Time*

Through this most painful fall, O Jesus, I ask you to deliver me from an unhappy death, which would plunge me into hell. From the power of the enemy deliver my immortal soul, and make me live and die in your grace. Look with mercy upon the poor souls doing penance in Purgatory. With tears and prayers they seek your help and mercy. Hear their prayers and lead them out of that place of punishment into the blessed peace of heaven, there to enjoy forever the splendor of your glory.

Our Father. Hail Mary. Eternal rest grant unto them, O Lord –  
and let perpetual light shine upon them.

#### THE TENTH STATION

##### *Jesus is Stripped of His Garments*

My most blessed Redeemer, stripped of your garments for love of me, grant me holy modesty and purity. Deliver me from all dangerous inclinations to created things: make me die to everything of this world, that at death separation from all earthly things may be easy. Of what benefit now are wealth and the pleasures of this world to the souls in Purgatory? Their bodies they had to leave to worms, and their wealth to heirs; only their works have followed them, the good to be rewarded, the evil to be punished. O Lord, put an end to their suffering, do not keep them any longer from the heredity of the saints, but pardon them and admit them into the realm of eternal bliss and happiness.

Our Father. Hail Mary. Eternal rest grant unto them, O Lord –  
and let perpetual light shine upon them.

#### THE ELEVENTH STATION

##### *Jesus is Nailed to the Cross*

My most innocent Jesus, nailed to the cross for my sins, I beseech you, through the merits of your horrible suffering, to come to my aid in my last sickness and agony. Grant me the grace to receive in time your most holy Sacraments. Come to me then, O most Holy Viaticum, and pour upon my soul the patience of your Most Sacred Heart! And you, O Mary my Mother, console me in that hour and make sweet my sufferings, through the sorrow that pierced your heart at the crucifixion. Lamb of God, have mercy on the souls in Purgatory, whose sufferings are greater than those the sick and dying. Spare them this agony, and through the merits of your passion admit them into eternal dwellings.

Our Father. Hail Mary. Eternal rest grant unto them, O Lord –  
and let perpetual light shine upon them.

**THE TWELFTH STATION**

***Jesus Dies On the Cross***

Through your three hours' agony on the cross, grant me, O Jesus, a happy death. Take me when I am best prepared. In that hour fill my soul with holy sentiments of faith, hope and charity. Grant me true and perfect contrition for my sins and the grace to accept with Christian resignation my death with all its pains and sufferings. May I leave this world invoking your most Holy Name. Mary Mother of Sorrows, refuge of the dying, be near me in my last agony. Remember, O most loving Jesus, the poor souls with that love with which you did give comfort to the good thief: "This day you shall be with me in Paradise." Call these souls into the kingdom of your glory, that they may praise you together with all the angels and saints forever and ever.

Our Father...Hail Mary. Eternal rest grant unto them, O Lord – and let perpetual light shine upon them.

**THE THIRTEENTH STATION**

***Jesus is Taken Down from the Cross***

Jesus, you whose soul did descend to the dead to announce peace to the just of the Old Testament, descend now amongst the poor souls who yearn for you; free them from the chains of their slavery and grant them the liberty of true children of God! O Mary, my Mother, may I, like Jesus, be placed in your arms at my departure from this world. Be with me at the tribunal of the Divine Judge that through your intercession, I may obtain a favorable sentence. Sweet Heart of Mary be my salvation!

Our Father. Hail Mary. Eternal rest grant unto them, O Lord – and let perpetual light shine upon them.

**THE FOURTEENTH STATION**

***Jesus is Laid in the Tomb***

Jesus, through the merits of your bitter passion and death and through your glorious Resurrection, I beseech you, have compassion on the poor souls and grant them a happy and glorious admission into heaven. Let them enter into that peace so long desired; let them contemplate the splendor of the Beatific Vision; let them bless eternally your mercy.

"Sweet Heart of Mary, be my salvation," when I myself shall be condemned to that place of torture, when my body will be in the cold earth and my soul in the fire of Purgatory. Most loving Mother, on that day save your child. Bring me quick relief and through your merits deliver me from the flames, that I may thank you in heaven, and with you and all the saints, adore and love Jesus, your beloved Son, who with

the Father and the Holy Spirit lives and reigns, true God, forever and ever. Amen.

Our Father...Hail Mary. Eternal rest grant unto them, O Lord – and let perpetual light shine upon them.

**CLOSING PRAYER**

My crucified Redeemer, I offer you this devout exercise, which by your grace, I have just finished. Grant that the precious fruits of your death on the cross be not lost either for me or for the souls in Purgatory. Mary, Mother of Sorrows, place my petitions in the Heart of your beloved Son, so that I may be admitted into the kingdom of grace, there together with my dear ones, both living and dead, to be blessed eternally. O Gentlest Heart of Jesus, ever present in the Blessed Sacrament, ever consumed with burning love for the poor captive souls in Purgatory, have mercy on them. Be not severe in your judgments, but let some drops of your Precious Blood fall upon the devouring flames, and do you O merciful Savior, send your angels to conduct them to a place of refreshment, light and peace. Amen.

Eternal rest grant unto them, O Lord— and let perpetual light shine upon them.

Sacred Heart of Jesus, have mercy on them.